The DEFINITE ARTICLE

We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week it’s actress Rula Lenska’s turn.

The prized possession you value above all others... A tiny 2in by 2in book given to my mother, Bissia, by her sister Lula for her 23rd birthday when they were in Ravensbruck concentration camp in Germany. Lula had made it and added a story about St Peter writing Mamma’s name at the gates of Heaven. It’s the most moving piece of memorabilia. She gave it to me 15 years ago and I was so touched I cried. Sadly, Lula died in September aged 90.

The priority activity if you were the Invis... I’d be a fly on the wall on a submarine in crisis. I’d love to see how the men react under pressure.

The book that holds an everlasting resonance... The Princess Of Siberia by Christine Sutherland, about a Russian woman trying to find her husband who’s been sent to Siberia. It’s so reminiscent of what my family went through during the war.

The film you can watch time and time again... Quo Vadis. It’s a bit dated but I love Peter Ustinov as Nero.

The person who has influenced you most... My mother. She came from an aristocratic background then lost it all and had to restart in England. But she never carried any bitterness.

The figure from history for whom you’d most like to buy a pie and a pint... Cleopatra. I’d love to see just how beautiful she was.

The event that altered the course of your life and character... Professionally, it was getting the part in Rock Follies, the TV drama about a female rock band in the 70s. I went from being a jobbing actress to getting recognised in the street. Personally, it was visiting Tibet in 1991. I became a quasi-Buddhist. I chant every day.

The unlikely interest that engages your curiosity... Acupuncture and massage.

The piece of wisdom you would pass on to white settlers. It’s about how Man should live in harmony with nature.

The philosophy that underpins your life... Give positive and you get back positive. But the same goes for negative.

The order of service at your funeral... I’ll have a biodegradable coffin covered with flowers. It will be a Catholic and Buddhist ceremony with chanting and shamanic drumming. I’d like my niece to sing Pie Jesu and I want my ashes scattered in Poland with my mother, in Africa and in my daughter’s garden.

The happiest moment you will cherish forever... Standing in the water at Monkey Mia in 1987 with my mother while dolphins swam around us.

The saddest time that shook your world... My mother’s death from emphysema when she was 74. I was holding her hand as she died.

The unfulfilled ambition that continues to haunt you... To play the queen of the vampires in a Hammer horror film.

The song that means most to you... Send In The Clowns sung by Glynis Johns. The words imply that however perfect things are in a relationship, the person you’re with is in another place, physically and mentally. It reminds me of my marriage to Dennis Waterman.

The biggest regret you wish you could erase... I’m tough. I give the impression of being in control and I’m good at the ‘Don’t mess with me’ face. But I’m a great softie. ‘People think I’m tough. I’m good at the “Don’t mess with me” face but in reality I’m a great softie.’

The song you wish you could hear at your funeral... ‘Do as you would be done by.’

The crime you would commit knowing you would get away with it... I’d park my car and a cuddle with my cat. I’d arrive in Monkey Mia on the west coast of Australia with my daughter Lara, 32, and my grandson, Ethan, two and a half. My mother would be back from her stir up Sunday recipes with us and we’d swim with dolphins, then have a fish barbecue. I’d have coffee in Piazza del Popolo in Rome, before seeing Verdi’s Nabucco at the Sydney Opera House. I’d have dinner in first class on a flight back to London with a few Wyborowa or Zubrowka vodka’s and end the day at home in London with a hot water bottle, a book and a cuddle with my cat.

Hilary Swank and Tommy Lee Jones star in Western The Homesman from Friday. Jemma Redgrave is in Oscar Wilde’s An Ideal Husband at Chichester Festival Theatre from Friday. And Katherine Jenkins’ album Home Sweet Home is out Monday.

NEXT WEEK
- Royal cake maker Fiona Cairns kicks Christmas off with her Stir Up Sunday recipes
- Monty Don on how to grow perfect parsnips
- PLUS Britain’s most detailed TV listings guide