The prized possession you value above all others… A pair of cufflinks given to me by Kenneth Branagh as Henry V, and Princess Leia and Luke Skywalker in Return Of The Jedi.

We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week it’s TV choirmaster Gareth Malone.

Martin Luther. He was a revolutionary who wrote hymns and incorporated music into religion for the people. The piece of wisdom you would pass on to a child… Always strive to be your best self rather than being negative. The unlikely interest that engages your curiosity… I did clay pigeon shooting this year and loved it so much that I’m going to take it up. The treasured item you lost and wish you could have again… I’ve lost about 30 watches. I only buy cheap ones now as I know I won’t own them for long. The unending quest that drives you on… To attain perfection in music, but I know it’s not achievable. It’s the elusive nature of perfection that drives me on to the next performance. The poem that touches your soul… The hymn Eternal Father, Strong To Save. We used to sing it at school on Remembrance Day. It’s about asking God for help in times of great trouble.

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