The prized possession you value above all others... My baby grand Yamaha piano. My wife Ali bought it for my 50th birthday in 2010. It cost £10,000 so it was incredibly generous. The unqualified regret you wish you could amend... I was too trusting when I was younger, especially of certain people in the music business. The way you would spend your fantasy 24 hours, with no travel restrictions... I’d have breakfast with all the family [Tony has five children: Thomas, 28, Toni, 26, Mack, 21, Zara, five, and five-month-old Genevieve] at Blue restaurant in Camps Bay, Cape Town. I’d then fly over the Earth in space before landing back at my home in Buckinghamshire for a roast-rump-of-beef lunch with my family and friends. Then Ali and I would get the deckchairs out at a villa we love in Sardinia and have a gin and tonic or two in peace. I’d end the day with tapas and rosé wine at Ram-on’s in northern Majorca.

The temptation you wish you could resist... A kebab at 3am when I’m travelling back from a show. I love them but I have to watch my weight. I’m 16-and-a-half stone at the moment. The book that holds an everlasting resonance... When I was eight I discovered The Lion, The Witch And The Wardrobe by C S Lewis and it made me fall in love with reading. The priority activity if you were the Invisible Man for a day... I’d visit Area 51 [the secretive US air force base in Nevada] and find out if we’ve been visited by aliens. The pet hate that makes your hackles rise... I loathe Interference and I’m pretty vocal if someone does it. The film you can watch time and time again... Chitty Chitty Bang Bang because it has everything – great music, magical scenery, a rags-to-riches story and a car that can fly! The person who has influenced you most... Frank Sinatra. I love his music, but more than that, I find inspiration from his life. He hit rock bottom, yet he dusted himself down. The figure from history for whom you’d most like to buy a pie and a pint... William the Conqueror. I’d love to know what motivated him to invade England and what vision he had. The piece of wisdom you would pass on to a child... Be open-minded so you can learn from others.

We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week: Spandau Ballet singer Tony Hadley

The unlikely interest that engages your curiosity... ‘Logging!’ I love logging! I’ve got a chain saw, a helmet and special leggings. I’m a scary sight in all that kit. The unending quest that drives you on... To succeed. I admire people who are content, but I need to keep striving. The poem that touches your soul... John McCrae. It’s poignant and distils Flanders Fields by the Canadian Major John McCrae. The way you want to be remembered... By playing the Albert Hall with Spandau in 1985, the Albert Hall, a gin and tonic, Frank Sinatra and a baby grand piano...

Take a 3D peek into a superstar’s world in Katy Perry: Part Of Me – in cinemas now. Spooks’ Simon Russell Beale stars in Timon Of Athens at the National Theatre. And American Idol star Adam Lambert’s new album Trespassing is out Monday.

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The philosophy that underpins your life... Look after your family and friends and be a decent person.

The way you want to be remembered... Here lies a good bloke. And he could sing a bit, too.

The unfulfilled ambition that continues to haunt you... ‘I’d love to star in a wham-bam Hollywood action movie and get an Oscar.

The song that means most to you... Sinatra’s That’s Life. It always lifts my spirits and reflects my take on life.

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