The DEFINITE ARTICLE

We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week it’s wildlife presenter Kate Humble

The prized possession you value above all others… Upper Meend Farm in Wales’s Wye Valley, which my husband Ludo and I bought in 2011. It’s harsh land but beautiful, and connects me with nature.

The biggest regret you wish you could amend… Not going to see my dear friend Pablo in Peru five years ago when he emailed to say he was ill. He had hepatitis, but didn’t let on how serious it was. He died two weeks later – I was devastated.

The temptation you wish you could resist… Smelly cheese like Stinking Bishop or Roquefort. I can’t sleep prop...Pass on to a child...

The person who has influenced you most… David Attenborough. I first met him at a dinner party when I was 27, before I was on TV. I was struck by how polite, modest and gracious he was.

The film you can watch time and time again… Butch Cassidy And The Sundance Kid. Paul Newman and Robert Redford look so completely edible – the new drama from the team behind Last Tango – the new drama from the team behind Last Tango. Paul Newman and Robert Redford look so completely edible.

The event that altered the course of your life and character… Filming Lambing Live on a farm in Wales in 2009. I was driving there one morning at 5.30am and a light bulb came on – I suddenly knew I belonged on a farm.

The crime you would commit knowing you could get away with it… I’d arrange to circuses – it makes me feel five again.

The tragedy you wish you could have avoided… That bounce in your body you have when you’re younger, which means you can fall over without hurting yourself. I’m 46 and if I ever fall in a heap nowadays I don’t want one – no ceremony, nothing. My choice would be for my body to be left on a hill in Wales to be eaten by red kites, but I doubt it will be allowed.

The unending quest that drives you on… To show the natural beauty of the world through my work, so people strive to help preserve it.

The poem that touches your soul… The piece of wisdom you would pass on to a child… Always go with your gut feeling and never let anyone sway you.

The unlikely interest that engages your curiosity… The circus. As a girl I dreamed of being a trapeze artist and I still love going to circuses – it makes me feel five again.

The priority activity if you were the Invisible Woman for a day… I’d disable the internet and all mobile phone networks to reintroduce everyone to the wonderful world that we live in.

The pet hate that makes your hackles rise… How the English Government refuses to reintroduce national biodiversity to reinvest in the countryside and in wildlife.

The order of service at your funeral… I don’t want one – no ceremony, nothing. My choice would be for my body to be left on a hill in Wales to be eaten by red kites, but I doubt it will be allowed.

The way you want to be remembered… Do you remember that girl on telly who never brushed her hair?

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The piece of wisdom you would pass on to a child… Always go with your gut feeling and never let anyone sway you.

The misapprehension about yourself you wish you could erase… People always seem to think that I want to be glammed up in designer dresses and wear Jimmy Choo shoes. I know I look as though I haven’t brushed my hair for years, but I actually like being scruffy and caked in mud.

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As told to Rob McGibbon

PS…

An all-star cast – including Sean Penn and Mark Rylance – makes thriller The Gunman a must-see; in cinemas on Friday. Disney On Ice’s Magical Ice Festival is touring now. And Van Morrison’s new album Duets: Re-working The Catalogue is out Monday.

DAILY MAIL WEEKEND

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