

CELEBRITY

Graph of greatness

The good and bad of what we're talking about this week



NANA X NFD
Our very own Celebrity Style Editor Nana Acheampong has *the* most vibrant new collection with Never Fully Dressed. Want. Everything.



STEF REID
The brilliant para-athlete has teamed up with sanitary brand Always to encourage girls to keep playing sport after puberty. Let's *all* keep championing.



SANDRA OH
She's front and centre in Netflix's new series *The Chair*, where she plays the first person of colour to head up a university board. Watch the problems roll in...

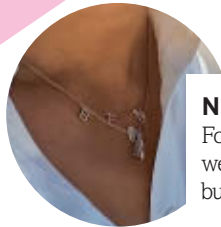
TAKE FIVE DRINKS
In the sea of hard seltzers on the market, these are our fave – low cal, sugar free and suitable for vegans. Sip, sip, hooray!



TRESEMME 0% RANGE
It's our go-to hair brand in the supermarket, and now it's created a range completely free of sulphates, silicones and dyes. Fresh.



#LIVELAUGHLIFT
We love a motto, but Marc Jacobs' re-working of Live, Laugh, Love (after having a facelift) isn't such a good vibe.



NECKLACE MESSAGING
Following J.Lo's lead, it's now super-cute to wear jewellery with your partner's name on it, but we're not sure 'Single' reads quite as well...

GREAT
NOT SO GREAT

GREAT
NOT SO GREAT

LINE OF GREATNESS

Learning curve Richard Branson

VIRGIN TYCOON AND ASTRONAUT, 71



The brave may not live forever, but the cautious do not live at all. This was a mantra instilled in me from my earliest years by my wonderful parents Ted and Eve. They taught me to grab life with both hands. Mum, who passed away in January aged 96, was inventive and fearless. She was my guiding light and made my childhood feel like an adventure. I still approach every business opportunity with the same sense of curiosity she gave me. Dad, who died aged 93 in 2011, taught me how to see the humour in everything, and to wear my heart on my sleeve. Above all, he showed me how to be a father and a man.

Dyslexia can be a strength. I was an academic disaster at school – I had dyslexia, and couldn't read the blackboard properly. I also didn't think like everyone else, so I never fitted in unless I was doing sport. My skills, such as problem-solving, imagination and creative thinking, weren't encouraged, but they were incredibly valuable when I started in business. I have always seen dyslexia as a strength, because it helps me think out of the box. Where some see negatives, look for positives.

Believe in your ideas – no matter how far-fetched they seem. I dreamed of going to space when I was a child, and I finally

achieved it 60 years later. Space isn't on everyone's bucket list, but the sentiment applies to any idea. Embrace your dreams and don't stop until you make them come true. Whether you want to change careers, buy a house, or perform in the local theatre, I believe that anything is possible. When I was in space, I looked down at Earth in wonderment and said to the kids of the world: "If we can do this, just imagine what you can do."

No matter what you achieve, family matters most. My wife Joan and I have been married for more than 30 years. She has been with me every step of the way, and I couldn't have done anything without her. Our children – Holly, 39, and Sam, 36 – are our greatest achievements. The love of your family will keep you grounded and your values in place.

Everyone should be free to be themselves. It is vital to stand up for people's rights. As Archbishop Desmond Tutu said: "If you are neutral in situations of injustice, you have chosen the side of the oppressor." Everyone should be prepared to speak up on critical issues – from criminal justice reform, to ending the war on drugs and the abolition of the death penalty. People should be able to achieve whatever they want, no matter the colour of their skin, gender or sexual orientation.

Screw it, let's do it. This is a favourite phrase of mine that landed me the nickname "Dr Yes" at Virgin. I have learned that there's no point worrying about doing something just because it might not work. Just get on with it, because the chances are it will. Trust your instincts. Life is for living, not for worrying. **F**

● *Virgin Red is the new loyalty rewards club that revolves around you. Join at Virgin.com/virgin-red.*

Words: Rob McElbibbon & Molly Reynolds Photography: Jonathan Cash/VisualEye, Netflix, Oliver Palombi/Mega, Instagram/Marc Jacobs Stockists: Never Fully Dressed (neverfullydressed.co.uk), Take Five (amazon.co.uk), Tresemme (tesco.com)