The DEFINITE ARTICLE

We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week it’s Olympic gymnast Louis Smith’s turn.

The prized possession you value above all others... My MBE, which was presented to me by the Queen in 2013. It’s the award that cemented everything else I’ve won in my life. As she gave it to me the Queen said, ‘Here’s another one for your collection.’ She also said she’d heard I’d done well in Strictly.

The biggest regret you wish you could amend... I try not to live with regret and just learn from mistakes to hopefully become a better person. That said, I regret wearing a cheap baggy white suit to my Year 11 prom aged 15!

The temptation you wish you could resist... I don’t have an addictive personality – I never need to overindulge.

The book that holds an everlasting resonance... In my entire life, the only books I’ve read are my autobiography and the first five Harry Potter novels. I love them because they’re such an amazing escape from reality.

The priority activity if you were the Invisible Man for a day... I’d find a certain man who torments me and haunt him until he thinks he’s going crazy. I can’t say anything more, but he knows who he is.

The pet hate that makes your hackles rise... Bad table manners. I can’t stand it when people have their elbows all over the table or talk with their mouth full.

The film you can watch time and time again... Dirty Dancing. It’s cheesy, but a great story. Patrick Swayze was incredible.

The person who has influenced you most... My mum Elaine. My dad left us when I was three, so she did everything for me and my brother Leon – she spent 11 years driving me to gymnastics. She’s selfless and totally inspires me.

The figure from history for whom you’d most like to buy a pie and a pint... Michael Jackson. I’d love to talk to him about his life – and watch him moonwalk.

The piece of wisdom you would pass on to a child... Follow your dream, but wish you could have again...

The uniquely interesting that engages your curiosity... Space and physics. I find subjects like Einstein’s theory of relativity and the solar system endlessly fascinating.

The treasured item you lost and wish you could have again... The ability to sleep. I’m lucky if I get three or four hours a night, I often get none at all.

The unending quest that drives you on... To leave a big empire to my children. I’d find a certain man who torments me and haunt him until he thinks he’s going crazy. I can’t say anything more, but he knows who he is.

The ability to... The Australian Open. I am a tennis fan.

The philosophy that underpins your life... ‘What I deserve I earn’ is tattooed on my back. Everything that happens in life comes from hard work.

The order of service at your funeral... The idea of it petrifies me. But I’d definitely want it to be upbeat, so people could come into church to some reggae, then listen to some beautiful choral music and positive readings.

The way you want to be remembered... He worked hard and left his mark, not just in sport.

The song that means most to you... ‘Thinking Out Loud’ by Ed Sheeran. It’s about building something worthwhile.

The unfulfilled ambition that continues to haunt you... I fancy doing a skydive, but only if it’s 100 per cent safe.

The event that altered the course of your life and character... Strictly Come Dancing took me out of my comfort zone, helped me be more confident and gave a new dimension to my career.

The crime you would commit knowing you could get away with it... I’d blackmail President Trump into giving me the award that cements everything I’ve done.

The way you would spend your fantasy £1m... I’d spend the day on my own private beach in Thailand. My life is very busy, so I’d be happy chilling out with just a chef, a waiter and a barman for company. There’d be no technology and no one looking at me saying, “Is that him?” Breakfast would be avocado on toast, followed by poached eggs with tomato salsa and iced water. I’d then sit on the beach reading Harry Potter And The

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