We ask a celebrity a set of devilishly probing questions – and only accept THE definite answer. This week it’s This Morning’s Ruth Langsford

The prized possession you value above all others... My father Dennis’s Rolex Oyster watch, which he bought in 1964. He wore it until he died in 2011 aged 84.

The biggest regret you wish you could amend... Dying my hair black. I did it six years ago for a change and I looked like a witch. Never again!

The temptation you wish you could resist... My husband Eamonn Holmes. It sounds cheesy, but it’s true. I love dancing – I’m gutted they’ve never asked me to do Strictly! – and Fred was the best. I’d ask if he really liked Ginger Rogers.

The piece of wisdom you would pass on to a child... Life’s not fair – but it’s good! My mum Joan, who’s 83, always said that when I whinged.

The person who has influenced you most... The presenter Ian Stirling was a great mentor when I was starting out in TV in my 20s. He took me under his wing and taught me not to be scared of live TV. Sadly he died ten years ago.

The unlikely interest that engages your curiosity... I’m obsessed with Christmas. It’s such an angry poem and it woke me up to the futility of war.

The misapprehension about yourself you wish you could erase... That I’m posh. People say it often and it makes me smile because I’m from a very working-class background.

The event that altered the course of your life and character... When I was 22 and my boss at Westcountry Television, Lee, about walking from Gloucestershire to London. It reminds me of people’s inherent kindness.

The priority activity if you were the Prime Minister... We ask a celebrity a set of devilishly probing questions – and only accept THE definitive answer. This week it’s This Morning’s Ruth Langsford

The unending quest that drives you on... To make my parents proud. I know they were disappointed when I messed about at boarding school – I didn’t revise for my O-levels and only passed four out of nine, and one of those was needlework! I had to do re-takes and ended up with seven. I’ve been trying ever since to make up for it. I know Dad was proud of me before he died, and I know mum is now, but it is still something that drives me.

The song that means most to you... Crazy Love by Michael Bublé. When Eamonn and I were courting it became our song... I know Dad was proud of me before he died, and I know mum is now, but it is still something that drives me.

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The song that means most to you... Crazy Love by Michael Bublé. When Eamonn and I were courting it became our song and it was the first dance at our wedding in 2010.

The way you want to be remembered... As the best friend you could ever have.

The philosophy that underpins your life... Honesty is the best policy. Besides, I’m a terrible liar.

The order of service at your funeral... Mackenzie Crook on series two of his sitcom Detectorists.

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