The prized possession you value above all others... My integrity. I was an alcoholic for 12 years and it’s been a long battle to find it again.

The unqualified regret you wish you could amend... Turning down the chance to cook for Tony Blair and Vladimir Putin at No 10 Downing Street in 2000. I could have happily poisoned them both with E. coli.

The way you would spend your fantasy 24 hours, with no travel restrictions... I’d wake up at the Marcbridge Hotel near Aberdeen and have the locally sourced smoked haddock for breakfast with a poached egg and some Stornoway black pudding. Then I’d take a cruise around the islands of West Scotland. For lunch, I’d fly by helicopter to London to St John restaurant near Smithfield Market. I’d have roasted marrow. I’d then wander around Hatchards bookshop on Piccadilly before a cream tea at Fortnum & Mason. I’d end the day having a look around La Boqueria food market in Barcelona. I’d have white garlic soup with almonds in any restaurant in the city – they’re all great – then go to a flamenco dance.

The temptation you wish you could resist... I’m an extravagant when buying presents or eating at restaurants. The book that holds an everlasting resonance... The Defeat Of The Spanish Armada by Garrett Mattingly. I read it when I was 15 and it was the first time I really understood big historical events.

The priority activity if you were the Invisible Woman for a day... I’d be a poltergeist in the Cabinet Room at No 10 and make things fly across the room to put some fear into rotten politicians.

The book that makes you feel young and in love... The poem that touches your soul... The unending quest that drives you... The order of service at your funeral... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... The unfulfilled ambition that continues to haunt you... The misapprehension about yourself... 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